

# MUSIC/THERAPY (MUTH)

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## **MUTH 100 Introduction to Music Therapy (2 credits)**

Survey of use of music therapy with various populations and other topics of relevance to the music therapist.

## **MUTH 110 Understanding and Planning in the Music Therapy Process (2 credits)**

Corequisite(s): MUTH 115. Prerequisite(s): MUTH 100. Restriction(s): Music majors only. This course will provide an overview of the music therapy process, with an emphasis on music therapy assessment and planning. Students will be given opportunities to explore how music therapists gain an understanding of the unique cultural identities, needs, strengths, and interests of people who seek music therapy, and how they collaborate with music therapy recipients to establish goals and plan meaningful musical experiences to address those goals. Students will examine how the music therapy process unfolds within three broad approaches that exist in the field of music therapy: outcome-oriented, experience-oriented and ecological-oriented approaches. Students will be invited to consider how the approaches may be integrated in order to flexibly respond to the needs of those engaged in music therapy.

## **MUTH 115 Music Therapy Practicum I (1 credit)**

Corequisite(s): MUTH 110. Prerequisite(s): MUTH 100. Restriction(s): Music majors only. Improvement of the functioning of a client or group of clients with physical or mental disabilities through the use of music therapy. Discussion of the clients and their progress and other aspects of the clinical work.

## **MUTH 200 Implementation and Decision Making in the Music Therapy Process (2 credits)**

Corequisite(s): MUTH 205. Prerequisite(s): MUTH 110. This course provides a foundational understanding of how to implement the four main methods in music therapy: recreation, improvisation, composition, and receptive methods. Students learn how to make decisions with therapeutic intent when engaging others through each of the music therapy methods. Through experiential learning, students practice providing both the structure and flexibility needed to effectively support the needs, interests, strengths and goals of care recipients in music therapy.

## **MUTH 205 Music Therapy Practicum II (1 credit)**

Corequisite(s): MUTH 200. Prerequisite(s): MUTH 115. Special fee. Continuation of MUTH 115.

## **MUTH 210 Therapeutic Musicianship Forum I (1 credit)**

Corequisite(s): MUTH 200 - Implementation and Decision Making in the Music Therapy Process. Prerequisite(s): MUTH 100. This experiential course allows students to explore their musicianship on the primary instruments used in music therapy practice: guitar, piano, percussion, and music technology. Therapeutic Musicianship Forum I will focus on recreating songs, individually and in groups, that are meaningful for students. The process of recreating and sharing songs will be stressed in relation to recreative practices in music therapy. This culmination of this course will be a performance of songs examined throughout the semester.

## **MUTH 220 Therapeutic Musicianship Forum II (1 credit)**

Corequisite(s): MUTH 200 - Implementation and Decision Making in the Music Therapy Process. Prerequisite(s): MUTH 100 and MUTH 210. A continuation of Therapeutic Musicianship Forum I. This experiential course allows students to explore their musicianship on primary instruments used in music therapy practice: guitar, piano, percussion, and music technology. Therapeutic Musicianship Forum II will focus on therapeutic songwriting, composing personally meaningful music. The process of writing music will be stressed in relation to therapeutic songwriting practices in music therapy. This culmination of this course will be a performance of songs examined throughout the semester.

## **MUTH 306 Keyboard for Music Therapy I (1 credit)**

Prerequisite(s): MSSN 204 or MUCP 311. This course is the first of a two-part sequence designed to help music therapy students develop clinical musicianship in piano accompaniment and improvisation. Students will be supported in growing fluency and flexibility on the piano within a variety of musical styles in order to support shared musical engagement with music therapy recipients. Part one will focus on musical engagement within less complex musical styles in order for students to develop a foundation of clinical musicianship on the piano.

## **MUTH 307 Keyboard for Music Therapy II (1 credit)**

Prerequisite(s): MUTH 306. This course is the second of a two-part sequence designed to help music therapy students develop clinical musicianship in piano accompaniment and improvisation. Students will be supported in growing fluency and flexibility on the piano within a variety of musical styles in order to support shared musical engagement with music therapy recipients. Part two will focus on musical engagement within musical styles and therapeutic scenarios that have increasing levels of complexity in order for students to further cultivate and expand clinical musicianship on the piano.

## **MUTH 310 Music Therapy and Wellbeing Across the Lifespan I (3 credits)**

Corequisite(s): MUTH 315. Prerequisite(s): MUTH 200 and PSYC 235. This course examines music therapy practice working with infants, children, adolescents, up to early adulthood. Practice will be examined across a variety of healthcare and community-based settings including special education, pediatrics, child welfare, community programming, and behavioral-health. Emphasis will be placed on method and goal integrity through developmental, relational, and music-centered practice with children in music therapy. Students will practice implementing treatment through experiential classroom participation.

## **MUTH 315 Music Therapy Practicum III (1 credit)**

Corequisite(s): MUTH 310. Prerequisite(s): MUTH 205. Continuation of MUTH 205.

## **MUTH 320 Theoretical Foundations of Music Therapy (3 credits)**

Corequisite(s): MUTH 325. Prerequisite(s): MUTH 310. This course covers the array of theoretical foundations that inform the clinical use of music in a variety of health-related settings and practices. Historical and current literature from diverse perspectives will be reviewed including medical and behavioral models, psychodynamic theories, critical discourse, community action, and music-centered philosophies. Students will locate their own beliefs about music and health towards developing their own theoretical identity as a music therapy professional.

## **MUTH 325 Music Therapy Practicum IV (1 credit)**

Corequisite(s): MUTH 320. Prerequisite(s): MUTH 315. Special fee. Continuation of MUTH 315.

**MUTH 400 Collaborative Music Experience (1 credit)**

Prerequisite(s): MUTH 320. Expression and exploration of feelings through use of creative media. Particular attention to process so that experience may be generalized and subsequently used with client groups.

**MUTH 410 Music Therapy and Wellbeing Across the Lifespan II (3 credits)**

Corequisite(s): MUTH 415. Prerequisite(s): PSYC 365. A continuation Music Therapy and Wellbeing Across the Lifespan I. This course examines music therapy practice working with adults across a variety of clinical settings including mental health (inpatient, outpatient, and community), medical, nursing care, and hospice. Emphasis will be placed on reflexive, relational, and music-centered practice with adults in music therapy. Students will practice implementing treatment through experiential participation.

**MUTH 415 Music Therapy Practicum V (1 credit)**

Corequisite(s): MUTH 410. Prerequisite(s): MUTH 325. Continuation of MUTH 325.

**MUTH 420 Understanding and Applying Music Therapy Research (3 credits)**

Corequisite(s): MUTH 425. Prerequisite(s): MUTH 320. This course is an overview of music therapy research including objectivist, interpretivist, mixed-methods, and arts-based research approaches. Learning how to interpret, evaluate, and critically review music therapy research is stressed.

**MUTH 425 Music Therapy Practicum VI (1 credit)**

Corequisite(s): MUTH 420. Prerequisite(s): MUTH 415. Special fee. Continuation of MUTH 415.

**MUTH 430 Music Listening and Imagination (1 credit)**

Prerequisite(s): MUTH 410. Explores music and the role of the imagination in music therapy practice through experiential participation. Elements of Guided Imagery and Music (GIM), soundscape, receptive methods of music therapy, and projective listening techniques will be explored.

**MUTH 495 Internship in Music Therapy (12 credits)**

Prerequisite(s): John J Cali School of Music approval. Six months clinical training as a music therapy intern in an approved training program.

**MUTH 496 Music Therapy Internship Extension (1 credit)**

Prerequisite(s): MUTH 495. This is an extension course for students who have completed MUTH 495 and require registration in a subsequent Spring or Fall semester, as part of completing their music therapy internship placement of 1020 hours (minimum) at an approved music therapy clinical training program.

**MUTH 499 Independent Study in Music Therapy (0.5-4 credits)**

Prerequisite(s): John J Cali School of Music approval. Project and/or study planned with sponsoring faculty member. May be repeated twice for a maximum of 9 credits.

**MUTH 501 Psychology of Music (3 credits)**

Psychological foundations of music, including cognition, perception, emotional meaning; musical development and learning; testing for musical ability; research methodology. Mutually Exclusive with MUED 501.

**MUTH 510 Group Music Therapy Experience (1.5 credit)**

Restriction(s): Music majors only. Use of creative media to express and explore feelings and issues in a supportive and productive environment. Specific content to be determined by members and therapist. Group members may apply what they have experienced to their own client groups. May be repeated for credit.

**MUTH 520 Research in Music and Physiology (3 credits)**

Methods of physiological research in music and music therapy. Individual and group projects will be conducted utilizing such measures as heart rate, electrodermal response, and EEG. Course emphasis is on applying skills in order to design and execute research relevant to demonstrating the role of music.

**MUTH 521 Music Therapy Assessment in Clinical Practice (3 credits)**

This course introduces intermediate level music therapists to a critical review of assessment literature and supervises their field testing of a published assessment tool appropriate to one's area of clinical interest.

**MUTH 522 Clinical Improvisation (3 credits)**

This course introduces the intermediate level music therapist to a critical review of clinical improvisation literature, invites experiential learning, and supervises the application of improvisation methods appropriate to one's area of clinical interest.

**MUTH 523 Supervision and Teaching in Music Therapy (3 credits)**

This course introduces the students to theories, concepts and styles of supervision and teaching, and surveys issues related to teaching as well as clinical and academic supervision.

**MUTH 524 Group Music Therapy (3 credits)**

This course focuses on theories and concepts of music therapy interventions with small groups in various therapy settings and within various therapeutic orientations. The course will help the student effectively design and lead music therapy groups.

**MUTH 525 Special Topics in Music Therapy (3 credits)**

The focus of this special topics course will be determined by recent trends and developments in the field of music therapy which delineate a topic of attention for current practice in the field of music therapy.

**MUTH 565 Graduate Music Therapy Internship I (3 credits)**

Prerequisite(s): Completion of all undergraduate music therapy coursework. This internship is conducted on the graduate level, includes 500 supervised music therapy hours in AMTA (American Music Therapy Association) approved or University affiliated site. Includes faculty supervision, cooperative readings and projects with MSU Graduate Faculty and online dialogue related to theories and practice of music therapy: option to conduct project related to thesis.

**MUTH 566 Graduate Music Therapy Internship II (3 credits)**

Prerequisite(s): Completion of all undergraduate music therapy coursework. This internship is conducted on the graduate level, includes 500 supervised music therapy hours in AMTA (American Music Therapy Association) approved or University affiliated site. Includes faculty supervision, cooperative readings and projects with MSU Graduate Faculty and online dialogue related to theories and practice of music therapy: option to conduct project related to thesis.

**MUTH 598 Thesis Seminar (1 credit)**

This seminar is designed to help students prepare a thesis proposal in music therapy and to provide the opportunity to exchange ideas, methods, and designs.

**MUTH 599 Independent Study Music Therapy (1-3 credits)**

Prerequisite(s): John J Cali School of Music approval. Regularly listed courses pursued in greater depth, by arrangement with the instructor prior to registration. May be repeated twice for a maximum of 9 credits during the program but may be taken only once per semester.

**MUTH 600 Independent Study Music Therapy (1-4 credits)**

Prerequisite(s): John J Cali School of Music approval. Individual pursuit of a research topic culminating in a written document of length and scholarly integrity. May cover two semesters; student registers for the semester in which the work will be completed. May be repeated twice for a maximum of 9 credits.

**MUTH 620 Music Therapy Seminar I: Severely/Profoundly Impaired Youth (4 credits)**

Restriction(s): Music majors only. Introduction to theoretical and applied skills in use of music therapy with severely/profoundly impaired youth. Developmental framework, applied to review of relevant literature, normal musical development related to social, cognitive, and motor development, developmental assessment, music therapy goal planning, music therapy activity with this population, incorporation of special education techniques, music therapy evaluation. Practicum included.

**MUTH 621 Music Therapy Seminar II: Severely/Profoundly Impaired Youth (4 credits)**

Restriction(s): Music majors only. Advanced theoretical and applied skills in use of music therapy with severely/profoundly impaired youth. Developmental framework applied to review of relevant literature, normal musical development related to social, cognitive and motor development, developmental assessment, music therapy goal planning, music therapy activity with this population, incorporation of special education techniques, music therapy evaluation. Practicum included.

**MUTH 622 Music Therapy Seminar I: Mild/Moderately Impaired Youth (4 credits)**

Restriction(s): Music majors only. Introduction to combination of theoretical and applied skills in the use of music therapy with mild/moderately impaired youth. Developmental framework applied to review of relevant literature; on musical development related to social, cognitive, and motor development, developmental assessment, and music therapy goal planning, music therapy activity with mild/moderately impaired populations, incorporation of special education techniques of music therapy evaluation. Practicum included.

**MUTH 623 Music Therapy Seminar II: Mild/Moderately Impaired Youth (4 credits)**

Restriction(s): Music majors only. Advanced theoretical and applied skills in the use of music therapy with mild/moderately impaired youth. Developmental framework applied to review of relevant literature on musical development related to social, cognitive and motor development; developmental assessment, music therapy goal planning, music therapy activity with mild/moderately impaired populations, incorporation of special education techniques, music therapy evaluation. Practicum included.

**MUTH 624 Music Therapy Seminar I: Adult Psychiatric (4 credits)**

Restriction(s): Music majors only. Introductory theoretical and applied skills in the use of music therapy with adult psychiatric clients. Review of relevant literature on adult psychiatric clients with emphasis on rationale for approaches and treatment. Study of group literature. Music therapy sessions with emphasis on observation of behavior. Practicum included.

**MUTH 625 Music Therapy Seminar II: Adult Psychiatric (4 credits)**

Restriction(s): Music majors only. Advanced theoretical and applied skills in the use of music therapy with adult psychiatric clients. Review of relevant literature on adult psychiatric clients with emphasis on rationale for approaches and treatment. Study of group process literature. Music therapy sessions with emphasis on observation. Practicum included.

**MUTH 690 Culminating Graduate Project in Music Therapy (3 credits)**

Prerequisite(s): MUTH 495 (representing completion of full 1200 hours of supervised, preprofessional clinical training in music therapy required for qualification to sit for the Music Therapist-Board Certified Exam). Project featuring cultivation of advanced clinical skills and scholarly knowledge in music therapy, via individualized, supervised field experience with specified learning objectives. Accompanied by academic writing on topic of learner's choice, relevant to field experience, incorporating one or more elements of the music therapy (or related) literature on a critical, in-depth level. Includes guidance on supervisory and administrative roles of music therapists. Minimum of 50 hours of on-site time, but may include more. Project may be structured and arranged in accordance with guidelines for meeting specific qualifications beyond the basic level of professional practice. Course instructor provides supervision in consultative form on a regular, arranged basis. Completed project is presented to instructor and peers in arranged gathering at the conclusion of the semester.

**MUTH 691 Culminating Graduate Project in Music Therapy Extension (1 credit)**

Prerequisite(s): MUTH 690. Continuation of project undertaken by learner via MUTH 690. May be repeated for a maximum of 3 credits.

**MUTH 698 Master's Thesis (3 credits)**

Prerequisite(s): John J Cali School of Music approval. Independent research project done under faculty advisement. Students must follow the MSU Thesis Guidelines, which may be obtained from the Graduate School. Students should take MUTH 699 if they do not complete MUTH 698 within the semester.

**MUTH 699 Master's Thesis Extension (1 credit)**

Prerequisite(s): MUTH 698. Continuation of Master's Thesis Project. Thesis Extension will be graded as IP (in Progress) until thesis is completed, at which time a grade of Pass or Fail will be given.