

FAMILY SCIENCE AND HUMAN DEVELOPMENT - CHILD AND LIFESPAN DEVELOPMENT CONCENTRATION (B.A.)

The **Bachelor of Arts degree in Family Science and Human Development** prepares students for careers working with individuals, children, youth, and families as practitioners and educators in a multitude of community, school, and workplace settings. Our unique, interdisciplinary approach provides students with both theoretical foundations and their applications for working with people. Students examine the various cultural, community, and socioeconomic contexts in which families function and study interventions used to support individuals and families across the life span, from infancy to old age. They learn approaches grounded in social justice, diversity, and equity, and have opportunities to practice new skills with community engagement experiences.

The **Children and Lifespan Development concentration** prepares students to pursue certification for teaching at the early childhood (P-3) or elementary (K-6) level. Admission to the Teacher Education program is a separate process that students complete sophomore to junior year. Please visit the Teacher Education Program website for the required professional sequence of courses and other important program requirements, guidelines, and procedures. Students also are strongly advised to review the Teacher Education Program Handbook.

Admission to the Teacher Education Program version of this major requires admission to the Teacher Education Program. Students typically apply for admission in sophomore or junior year after completing the prerequisite courses. There are GPA, testing, and course completion requirements.

Degree Requirements Overview

Code	Title	Credits
	New Student Seminar	1
	SEEDS General Education	24-28
	Major Requirements	33-48
	Free Electives	62-43
	Total Credits	120

Program Requirements

Code	Title	Credits
Major Core		
FSHD 101	Introduction to the Content Areas in Family Science and Human Development	3
FSHD 114	Introduction to Human Development	3
FSHD 141	Interpersonal Relations	3
FSHD 248	Family Life	3
FSHD 304	Research Methods for Studying Families and Human Development	3
FSHD 315	Community Engagement	3
FSHD 418	Working with Diverse Families and Children	3
FSHD 445	Poverty and Families	3

Concentration Requirements		
FSHD 202	Adult Development and Aging	3
FSHD 214	Child Development I	3
FSHD 314	Child Development II: Adolescence	3
Major Electives		
Complete five electives from the list below or a second major in Elementary Education or a second major in Early Childhood Education.		0-15
Total Credits		33-48

Electives

Code	Title	Credits
FSHD 100	Professional Development in the Field of Family Science and Human Development	3
FSHD 120	Mindfulness: Theory, Research and Practice across the Life Course	3
FSHD 123	Navigating Adult Life	3
FSHD 140	Family in Society	3
FSHD 201	Social Gerontology: The Study of Aging	3
FSHD 205	Women in Contemporary Society	3
FSHD 208	Special Topics in Family Science and Human Development	1-3
FSHD 210	Essential Skills for Human Services	3
FSHD 215	Infant Development	3
FSHD 216	Adolescent Development	3
FSHD 217	Family Stress and Coping	3
FSHD 225	Exploring Family Diversity	3
FSHD 226	Introduction to Non-Profit Management	3
FSHD 230	Dynamics of One-To-One Communication	3
FSHD 231	The Family in the Economic System	3
FSHD 240	Volunteer in the Community	3
FSHD 241	Group Dynamics	3
FSHD 270	Individual and Professional Development in Family Science and Human Development	3
FSHD 275	Comparative Studies of Global Families	3
FSHD 280	Case Management in Human Services	3
FSHD 300	Field Trip Experiences in Family Science and Human Development	1
FSHD 305	Death and Bereavement in the Family	3
FSHD 308	Independent Study	1-3
FSHD 310	Teaching Daily Living Skills to Special Needs Populations	3
FSHD 313	Organization and Management of Child Care Centers	3
FSHD 316	Service-Learning Experiences with Families and Children	3
FSHD 317	Fieldwork Experience in Family Science and Human Development: The Hospitalized Child	3
FSHD 318	Gender Development Across the Life Course	3
FSHD 320	Parenting Skills and Resources	3
FSHD 322	Play Techniques in Working with Children	3
FSHD 328	Peer Counseling	3
FSHD 329	Theories and Techniques of Group Processes	3
FSHD 331	Money Management	3

FSHD 332	Action Approaches to Personal Awareness	3
FSHD 340	Aging and Social Policy	3
FSHD 342	Family Sociology	3
FSHD 344	Challenge of Aging	3
FSHD 345	Gender in a Changing World	3
FSHD 350	Immigrant Families	3
FSHD 360	Families in Later Life	3
FSHD 370	Mastering Mental Toughness and Managing Anxiety	3
FSHD 380	Asian American Families and Youth	3
FSHD 400	Senior Seminar	3
FSHD 408	Workshop in Family Science and Human Development	1-3
FSHD 409	Internship	6-12
FSHD 411	Sibling Relationships	3
FSHD 415	Child in the Community	3
FSHD 419	Crisis Intervention Strategies	3
FSHD 430	Evidence-Based Family Policy and Analysis	3
FSHD 448	Family Counseling	3

Political and Civic Life

Complete one Political and Civic Life course. 3

World Languages

Complete two sequential classes in one World Language when starting at the Beginner I or Beginner II level. Complete one class when starting at the Intermediate/Advanced Level. 3-6

Exploration

Complete one course from four different Exploration categories. 9

Analyzing Cultures and Societies - Fulfilled by FSHD 101 in the major.

Creative Expression

Ethical Inquiry

Historical Thinking

Literary and Artistic Analysis

Scientific Reasoning

Total Credits 24-28

Recommended Roadmap to Degree Completion

This recommended degree plan is provided as an outline for students to follow in order to complete their degree requirements within four years and 120 credits. This plan is a recommendation and MUST be used in consultation with their academic advisor. Important note: Students should be aware this plan assumes no pre-requisite coursework is required. If pre-requisite coursework is needed, students may have additional requirements to fulfill which do not appear on the plan.

First Year

Fall	Credits	Spring	Credits
FSHD 101 (Fulfills SEEDS: Exploration – Analyzing Cultures and Societies)	3	FSHD 214	3
FSHD 114	3	FSHD 248	3
FSHD 141 (Fulfills SEEDS: Interactive Communication)	3	Effective Writing II	3
New Student Seminar	1	SEEDS: Exploration 3	3
SEEDS: Exploration 2	3	Free Elective	3
SEEDS: Effective Writing I	3		
16		15	

Second Year

Fall	Credits	Spring	Credits
FSHD 314	3	SEEDS: Exploration 4	3
FSHD 304	3	FSHD 202	3
SEEDS: Political and Civic Life	3	FSHD 315	3
SEEDS: World Language 1	3	SEEDS: Quantitative Reasoning	3
Free Elective	3	SEEDS: World Language 2 or Free Elective	3
15		15	

Third Year

Fall	Credits	Spring	Credits
FSHD 418	3	FSHD 445	3

New Student Seminar

Code	Title	Credits
Students in the Adult Learner program must take GNED 100.		
Complete one course from the following. Some courses may be restricted by major. Consult with an academic advisor.		1
ADVS 198	Pathways to Success	
CHEM 190	Freshman Seminar in Chemistry	
FYS 100	First Year Seminar	
GNED 100	Adult Academic Success Seminar	
GNED 199	New Student Seminar	
HPEM 199	Freshman Seminar in Health and Physical Education	
IDS 155	Pathways to Adult Learning	
JUST 199	New Student Seminar	
MATH 102	New Student Experience for Mathematical Sciences	
MUGN 199	Freshman Seminar for Music Majors	
NURS 199	Introduction to Nursing	
POLS 199	Freshman Seminar in Political Science and Law	

SEEDS General Education Requirements

Click here for a list of courses that fulfill the SEEDS requirements. (<http://catalog.montclair.edu/programs/seeds-general-education-requirements/>)

Code	Title	Credits
Effective Writing I		
Complete one Effective Writing I course.		3
Effective Writing II		
Complete one Effective Writing II course.		3
Interactive Communication		
Fulfilled by FSHD 141 in the major.		
Quantitative Reasoning		
Complete one Quantitative Reasoning course.		3-4

Major Elective 1	3	Major Elective 2	3
Free Elective	3	Major Elective 3	3
Free Elective	3	Major Elective 4	3
Free Elective	3	Free Elective	3
15		15	

Fourth Year

Fall	Credits	Spring	Credits
Major Elective 5	3	Free Elective	3
Free Elective	3	Free Elective	3
Free Elective	3	Free Elective	3
Free Elective	3	Free Elective	3
Free Elective	3	Free Elective	2
15		14	

Total Credits 120