

# FAMILY SCIENCE AND HUMAN DEVELOPMENT MINOR

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The Family Science and Human Development minor compliments any major by adding knowledge of both theoretical foundations and their applications for working with people in any setting. Students in the minor have the opportunity to learn and develop their soft skills, such as navigating conflict, managing anxiety and stress, leadership, and working in group settings. Understanding these skills will help them thrive in their communities, their families, and their workplace. Not available to Family Science and Human Development majors.

## Program Requirements

Code	Title	Credits
<b>Required Courses</b>		
FSHD 101	Introduction to the Content Areas in Family Science and Human Development	3
FSHD 248	Family Life	3
<b>Human Development</b>		
Complete one of the following:		3
FSHD 202	Adult Development and Aging	
FSHD 214	Child Development I	
FSHD 216	Adolescent Development	
<b>Electives</b>		
Complete any three FSHD courses (except FSHD 409). <sup>1</sup>		9
<b>Total Credits</b>		<b>18</b>

<sup>1</sup> Suggested courses may include, but are not limited to: FSHD 141, FSHD 205, FSHD 225, FSHD 270, FSHD 275, FSHD 350, FSHD 360, FSHD 448.