

# PHYSICAL EDUCATION (B.S.) (COMBINED B.S./M.A.T. WITH TEACHER CERTIFICATION IN HEALTH AND PHYSICAL EDUCATION (PRESCHOOL-GRADE 12) AND TEACHER OF STUDENTS WITH DISABILITIES)

A Combined Degree program enables undergraduate students to enroll in graduate courses in their senior year, which can be counted towards the completion of both their Bachelor's and Master's degree requirements.

The ability to take these "swing courses" allows students to earn both their Bachelor's and Master's degrees in a shortened period of time, typically within five years. Undergraduate students interested in this option can find more information regarding program requirements on the University's Combined Programs website (<https://www.montclair.edu/combined-programs/programs-of-study/>).

The Bachelor's/MAT Dual-Certification Inclusive Education Program provides students with the opportunity to receive both a bachelor's and Master of Arts in Teaching (MAT) degree with teacher certification in both general education and special education. The program is designed to help teachers develop competencies needed to teach students who have disabilities along with those who do not.

In this program, students complete general education and major requirements and an initial set of coursework in education as undergraduates. As graduate students, they will complete the coursework in education and conduct their fieldwork and student teaching.

Please visit the Teacher Education Program website (<https://www.montclair.edu/center-of-pedagogy/>) for the required undergraduate professional sequence of courses, overall course outline, and other important Program requirements, guidelines, and procedures. Students also are strongly advised to review the Teacher Education Program Handbook.

120 credits of coursework is required for the baccalaureate degree with a minimum 3.0 overall GPA. Major GPA requirements differ depending on field of study. Consult the Teacher Education Program Handbook for more information.

## Degree Requirements Overview

Code	Title	Credits
	New Student Seminar	1
	SEEDS General Education Requirements	24-27
	Major Requirements	51
	Teacher Education Program Requirements	36
	Free Electives	8-5
	<b>Total Credits</b>	<b>120</b>

## Major Requirements

Requirements for the graduate portion of this combined program can be found here. (<http://catalog.montclair.edu/programs/teaching-certification-p12-students-disabilities-combined-bx-mat/>)

Code	Title	Credits
<b>Required Theory Courses</b>		
HLTH 208	Study of Human Diseases	3
HLTH 215	Drug Education in the Schools	3
HLTH 222	Mental Health in the Schools	3
HLTH 295	Sexuality Education in the Schools	3
HPEM 199	Freshman Seminar in Health and Physical Education	1
HPEM 352	Development and Philosophy of Health and Physical Education	3
HPEM 356	Management of Health, Physical Education, Athletics and Fitness Programs	3
PEMJ 320	Physiology of Exercise	4
PEMJ 321	Kinesiology	3
PEMJ 324	Basic Motor Learning	3
PEMJ 351	Adapted Physical Education	3
<b>Required Skills Courses</b>		
PEMJ 131	Fitness Activities	3
PEMJ 152	Introduction to Fielding and Target Games	3
PEMJ 153	Introduction to Invasion and Net Games	3
PEMJ 235	Movement Experiences in Physical Education	3
PEMJ 335	Teaching of Elementary Physical Education	3
<b>Collateral Course</b>		
BIOL 244	Anatomy and Physiology I	4
<b>Total Credits</b>		<b>51</b>

<sup>1</sup> Course will also count toward the MAT portion of this program.

## Teacher Education Requirements

Code	Title	Credits
<b>Prerequisite Requirements</b>		
EDFD 200	Psychological Foundations of Education	3
SASE 210	Public Purposes of Education: Democracy and Schooling	3
<b>Professional Sequence</b>		
PEMJ 431	Advanced Adapted Physical Education	3
SASE 322	Language and Learning in Content Area Teaching	3
<b>Teacher of Students with Disabilities Courses</b>		
ECEL 279	Foundation and Philosophy of Inclusive Education	3
	or SPED 279	Foundation and Philosophy of Inclusive Education
SPED 483	Advanced Inclusive Methods for Middle and Secondary Schools	3
SPED 469	Inclusive Methods for Middle and Secondary Schools	3
SPED 488	Promoting Prosocial Behaviors in Inclusive Settings	3
<b>Graduate Courses</b>		
HLTH 520	Foundations and Methods in Health Education	3

2 Physical Education (B.S.) (Combined B.S./M.A.T. with Teacher Certification in Health and Physical Education (Preschool-Grade 12) and Teacher of Students with Disabilities)

SPED 566	Creating Curricular Access for Adolescents with Disabilities	3
SPED 586	Educational Planning for Adolescents with Disabilities	3
SPED 690	Action Research in Inclusive Settings	3
<b>Total Credits</b>		<b>36</b>

*Scientific Reasoning*

Fulfilled by BIOL 244 in the major.

**Total Credits**

**24-27**

## New Student Seminar

Code	Title	Credits
Students in the Adult Learner program must take GNED 100.		
Complete one course from the following. Some courses may be restricted by major. Consult with an academic advisor.		1
ADVS 198	Pathways to Success	
CHEM 190	Freshman Seminar in Chemistry	
FYS 100	First Year Seminar	
GNED 100	Adult Academic Success Seminar	
GNED 199	New Student Seminar	
HPEM 199	Freshman Seminar in Health and Physical Education	
IDS 155	Pathways to Adult Learning	
JUST 199	New Student Seminar	
MATH 102	New Student Experience for Mathematical Sciences	
MUGN 199	Freshman Seminar for Music Majors	
NURS 199	Introduction to Nursing	
POLS 199	Freshman Seminar in Political Science and Law	

## SEEDS General Education Requirements

Click here for a list of courses that fulfill the SEEDS requirements. (<http://catalog.montclair.edu/programs/seeds-general-education-requirements/>)

Code	Title	Credits
<b>Foundations</b>		
<i>Effective Writing I</i>		
Complete one Effective Writing I course.		3
<i>Effective Writing II</i>		
Complete one Effective Writing II course.		3
<i>Interactive Communication</i>		
Complete one Interactive Communication course.		3
<i>Quantitative Reasoning</i>		
Complete one Quantitative Reasoning course.		3
<i>Political and Civic Life</i>		
Fulfilled by SASE 210 in the Teacher Education requirements.		
<i>World Language</i>		
Complete two sequential classes in one World Language when starting at the Beginner I or Beginner II level. Complete one class when starting at the Intermediate/Advanced Level.		3-6
<b>Exploration</b>		
Complete one course from four different Exploration categories:		9
<i>Analyzing Cultures and Societies</i>		
<i>Creative Expression</i>		
<i>Ethical Inquiry</i>		
<i>Historical Thinking</i>		
<i>Literary and Artistic Analysis</i>		