

# PUBLIC HEALTH - HEALTH EDUCATION, PROMOTION, AND ADVOCACY CONCENTRATION (B.S.)

When people think about careers in health, many think about medical careers (such as doctor or nurse) that involve treating individuals who have illnesses or injuries. Public health practitioners address the health of whole populations and focus on injury and disease prevention, as well as the promotion of optimal health, rather than on treatment. The B.S. in Public Health with concentration in Education, Promotion, and Advocacy offers an integrated approach to public health that addresses local, national, and global health issues with an emphasis on social justice. It provides future community health educators with the skills and knowledge they will need to develop, implement and evaluate programs that target issues as diverse as cancer, obesity, sexuality, aging, violence, maternal and child health, substance abuse, adolescent health, mental health and many more. Students will also understand how to create programs and promote policies that eliminate disparities in health outcomes among different populations so that everyone has an equal opportunity to be healthy. Graduates of the program will work in a variety of settings (government agencies, community clinics, hospitals, nonprofit organizations, corporations) and focus on a variety of age groups, populations and health issues.

## Degree Requirements Overview

| Code                                 | Title | Credits    |
|--------------------------------------|-------|------------|
| New Student Seminar                  |       | 1          |
| SEEDS General Education Requirements |       | 21-24      |
| Major Requirements                   |       | 69         |
| Free Electives                       |       | 29-26      |
| <b>Total Credits</b>                 |       | <b>120</b> |

## Major Requirements

| Code                              | Title                                                      | Credits |
|-----------------------------------|------------------------------------------------------------|---------|
| <b>Major Core</b>                 |                                                            |         |
| HLTH 102                          | Introduction to Public Health                              | 3       |
| HLTH 202                          | Public Health Foundations, Ethics, and Cultural Competency | 3       |
| HLTH 204                          | Social and Behavioral Aspects of Health                    | 3       |
| HLTH 240                          | Foundations of Environmental Health                        | 3       |
| HLTH 360                          | Health Policy and Administration                           | 3       |
| HLTH 365                          | Science of Public Health: Epidemiology                     | 3       |
| HLTH 425                          | Applied Statistics for Public Health                       | 3       |
| HLTH 208                          | Study of Human Diseases                                    | 3       |
| HLTH 290                          | Human Sexuality                                            | 3       |
| HLTH 397                          | Career Paths in Public Health and Internship Preparation   | 3       |
| HLTH 498                          | Internship and Culminating Seminar                         | 6       |
| <b>Concentration Requirements</b> |                                                            |         |
| HLTH 328                          | Program Planning and Evaluation                            | 3       |
| HLTH 330                          | Health Education Methods                                   | 3       |

|          |                                                      |   |
|----------|------------------------------------------------------|---|
| HLTH 355 | Addressing Health Disparities Through Social Justice | 3 |
| HLTH 374 | Health Communication                                 | 3 |
| HLTH 444 | Community Organizing and Health Advocacy             | 3 |

### Concentration Electives

|                                                                              |    |
|------------------------------------------------------------------------------|----|
| Complete four courses from the list below. Two must be at the 300-400 level. | 12 |
|------------------------------------------------------------------------------|----|

### Collateral Requirements

|          |                                          |   |
|----------|------------------------------------------|---|
| STAT 109 | Statistics                               | 3 |
| NUFD 182 | Nutrition: A Socioecological Perspective | 3 |

|                      |           |
|----------------------|-----------|
| <b>Total Credits</b> | <b>69</b> |
|----------------------|-----------|

## Electives

| Code     | Title                                                                    | Credits |
|----------|--------------------------------------------------------------------------|---------|
| ANTH 423 | Community and Health                                                     |         |
| GLQS 302 | Special Topics in Gay, Lesbian, Bisexual, Transgender, and Queer Studies |         |
| HLTH 105 | Medical Terminology                                                      |         |
| HLTH 207 | Injury Prevention and Emergency Care                                     |         |
| HLTH 213 | Perspectives on Drugs                                                    |         |
| HLTH 220 | Mental Health                                                            |         |
| HLTH 347 | Special Topics in Health                                                 |         |
| HLTH 411 | School Health and Community Services                                     |         |
| HLTH 430 | Counseling Skills for Public Health Professionals                        |         |
| HLTH 431 | Advanced Methods in Health Education                                     |         |
| HLTH 433 | Population Approaches to Diet and Activity                               |         |
| HLTH 440 | Health Aspects of Aging                                                  |         |
| HLTH 454 | Race, Racism, and Health                                                 |         |
| HLTH 474 | Gender, Sexuality, and Health Disparities                                |         |
| SOCI 309 | Sociology of Health and Illness                                          |         |

## New Student Seminar

| Code | Title | Credits |
|------|-------|---------|
|------|-------|---------|

Students in the Adult Learner program must take GNED 100.

|                                                                                                                    |   |
|--------------------------------------------------------------------------------------------------------------------|---|
| Complete one course from the following. Some courses may be restricted by major. Consult with an academic advisor. | 1 |
|--------------------------------------------------------------------------------------------------------------------|---|

|          |                                                   |  |
|----------|---------------------------------------------------|--|
| ADVS 198 | Pathways to Success                               |  |
| CHEM 190 | Freshman Seminar in Chemistry                     |  |
| FYS 100  | First Year Seminar                                |  |
| GNED 100 | Adult Academic Success Seminar                    |  |
| GNED 199 | New Student Seminar                               |  |
| HPEM 199 | Freshman Seminar in Health and Physical Education |  |
| IDS 155  | Pathways to Adult Learning                        |  |
| JUST 199 | New Student Seminar                               |  |
| MATH 102 | New Student Experience for Mathematical Sciences  |  |
| MUGN 199 | Freshman Seminar for Music Majors                 |  |
| NURS 199 | Introduction to Nursing                           |  |
| POLS 199 | Freshman Seminar in Political Science and Law     |  |

## SEEDS General Education Requirements

Click here for a list of courses that fulfill the SEEDS requirements. (<http://catalog.montclair.edu/programs/seeds-general-education-requirements/>)

| Code                                    | Title                                                                                                                                                                            | Credits      |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <b>Foundations</b>                      |                                                                                                                                                                                  |              |
| <i>Effective Writing I</i>              |                                                                                                                                                                                  |              |
|                                         | Complete one Effective Writing I course.                                                                                                                                         | 3            |
| <i>Effective Writing II</i>             |                                                                                                                                                                                  |              |
|                                         | Complete one Effective Writing II course.                                                                                                                                        | 3            |
| <i>Interactive Communication</i>        |                                                                                                                                                                                  |              |
|                                         | Complete one Interactive Communication course.                                                                                                                                   | 3            |
| <i>Quantitative Reasoning</i>           |                                                                                                                                                                                  |              |
|                                         | Fulfilled by STAT 109 in the major.                                                                                                                                              |              |
| <i>Political and Civic Life</i>         |                                                                                                                                                                                  |              |
|                                         | Fulfilled by HLTH 102 in the major.                                                                                                                                              |              |
| <i>World Languages</i>                  |                                                                                                                                                                                  |              |
|                                         | Complete two sequential classes in one World Language when starting at the Beginner I or Beginner II level. Complete one class when starting at the Intermediate/Advanced Level. | 3-6          |
| <b>Exploration</b>                      |                                                                                                                                                                                  |              |
|                                         | Complete one course from four different Exploration categories.                                                                                                                  | 9            |
| <i>Analyzing Cultures and Societies</i> |                                                                                                                                                                                  |              |
|                                         | Fulfilled by HLTH 202 in the major.                                                                                                                                              |              |
| <i>Creative Expression</i>              |                                                                                                                                                                                  |              |
| <i>Ethical Inquiry</i>                  |                                                                                                                                                                                  |              |
| <i>Historical Thinking</i>              |                                                                                                                                                                                  |              |
| <i>Literary and Artistic Analysis</i>   |                                                                                                                                                                                  |              |
| <i>Scientific Reasoning</i>             |                                                                                                                                                                                  |              |
| <b>Total Credits</b>                    |                                                                                                                                                                                  | <b>21-24</b> |

## Recommended Roadmap to Degree Completion

This recommended degree plan is provided as an outline for students to follow in order to complete their degree requirements within four years and 120 credits. This plan is a recommendation and MUST be used in consultation with their academic advisor. Important note: Students should be aware this plan assumes no pre-requisite coursework is required. If pre-requisite coursework is needed, students may have additional requirements to fulfill which do not appear on the plan.

### First Year

| Fall                             | Credits | Spring                                                                      | Credits |
|----------------------------------|---------|-----------------------------------------------------------------------------|---------|
| New Student Seminar              |         | 1 SEEDS: Effective Writing II                                               | 3       |
| SEEDS: Effective Writing I       | 3       | SEEDS: World Language 2                                                     | 3       |
| SEEDS: Interactive Communication | 3       | HLTH 202 (Fulfills SEEDS: Exploration 2 – Analyzing Cultures and Societies) | 3       |
| SEEDS: World Language 1          | 3       | STAT 109 (Fulfills SEEDS: Quantitative Reasoning)                           | 3       |
| SEEDS: Exploration 1             | 3       | HLTH 204                                                                    | 3       |

|                                                     |           |
|-----------------------------------------------------|-----------|
| HLTH 102 (Fulfills SEEDS: Political and Civic Life) | 3         |
| <b>16</b>                                           | <b>15</b> |

### Second Year

| Fall                 | Credits | Spring               | Credits |
|----------------------|---------|----------------------|---------|
| SEEDS: Exploration 3 | 3       | SEEDS: Exploration 4 | 3       |
| HLTH 208             | 3       | HLTH 360             | 3       |
| HLTH 240             | 3       | HLTH 328             | 3       |
| HLTH 290             | 3       | HLTH 330             | 3       |
| Free Elective        | 3       | Free Elective        | 3       |
| <b>15</b>            |         | <b>15</b>            |         |

### Third Year

| Fall                   | Credits | Spring        | Credits |
|------------------------|---------|---------------|---------|
| HLTH 365               | 3       | HLTH 397      | 3       |
| HLTH 355               | 3       | HLTH 425      | 3       |
| HLTH 374               | 3       | HLTH 444      | 3       |
| Concentration Elective | 3       | NUFD 182      | 3       |
| Free Elective          | 3       | Free Elective | 3       |
| <b>15</b>              |         | <b>15</b>     |         |

### Fourth Year

| Fall                                 | Credits | Spring                               | Credits |
|--------------------------------------|---------|--------------------------------------|---------|
| Concentration Elective               | 3       | HLTH 498                             | 6       |
| Concentration Elective (Upper Level) | 3       | Concentration Elective (Upper Level) | 3       |
| Free Elective                        | 3       | Free Elective                        | 3       |
| Free Elective                        | 3       | Free Elective                        | 2       |
| Free Elective                        | 3       |                                      |         |
| <b>15</b>                            |         | <b>14</b>                            |         |

**Total Credits 120**